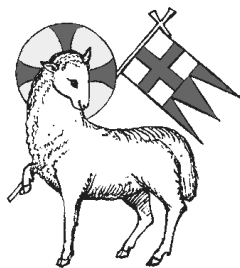


The Lamb & Flag



~ While you wait ~

Crispy Pork Crackling £3.25

With apple sauce

Marinated Olives £3.45 (v)

In a lemon and herb oil

Rosemary & Sea Salt Focaccia £3.25 (vg)

With balsamic reduction & rapeseed oil

Sweet and Salty Walnuts £2.50 (v)

Mixed Grazing Platter £9.95

~ Starters ~

Today's Soup £5.25

*Served with rosemary & sea salt
focaccia*

Classic Prawn Cocktail £7.35

With buttered bread

Nachos £6.95 (v)

Cheese, pico de gallo salsa & sour cream

Fenland Fried Chicken £7.45

*Served with Mexican mayo dip & topped
with smoked dapple and fresh chilli*

Breaded Whitebait £7.25

With tartare sauce & buttered bread

Garlic King Prawns £7.95

Sautéed in garlic butter, with toasted ciabatta

Honey Baked Camembert £7.45 (v)

*Rosemary & sea salt focaccia, plum chutney &
watercress and drizzled with local honey*

~ Main Course ~

Fenman's Steak & Ale Pie £12.95

With creamy mash & seasonal vegetables

Honey & Mustard Glazed Ham £12.55

Duck egg, chips, petit pois & salad garnish

'Elgoods' Beer Battered Fish £12.95

Served with chunky chips & mushy peas

Pesto Chicken Spaghetti £12.95

*Spaghetti, cherry tomatoes, basil & smoked dapple
shavings and topped with watercress*

Superfood Salad £10.95 (vg)

*Warm green beans and kale mixed with quinoa,
basmati rice, red onion, roasted tomatoes,
peppers, mixed leaves & walnuts*

Add chicken or smoked salmon for £2.50

Braised Lamb Shank £14.50

*In a red wine and rosemary sauce with creamy
mash & buttered greens*

Fish Platter £14.25

*Smoked salmon, prawns, fish goujons & whitebait
served with lemon & dill mayo dip & buttered bread*

Traditional Beef or

Roasted Vegetable Lasagne £12.95 (v)

*With a roasted tomato, mixed olive & red onion salad
and garlic bread*

Paneer Tofu Curry £12.95 (vg)

*Tofu in a spinach & coconut curry served with rice &
poppadum*

Wholetail Scampi £12.95

Served with chunky chips, salad & petit pois

'Frogs Abbey' Trio £12.95

*Three traditional pork sausages served with creamy
mash & seasonal vegetables*

Fenland Fried Chicken £12.95

*Served with coleslaw, chipotle mayo, grilled
pineapple, mixed leaves & cheese & bacon fries*

From the Grill

~ Steaks ~

All served with grilled tomato, mushroom, chips, mixed leaves & onion rings.

10oz Sirloin £18.95

10oz Marbled Rib-Eye £19.95

12oz Rump £19.95

20oz T-Bone £26.95

Barnsley Lamb Chop £15.95

with Frogs Abbey pork sausage

12oz Gammon £14.50

Served with egg or pineapple

Why not top your steak with:

Peppercorn Sauce

Melted Binham Blue Cheese

Roasted Garlic & Herb Butter

Thyme, Mustard & Lemon Butter

£1.99 each

~ Sides ~

Chunky Chips £2.75 (v)

Skinny Fries £2.75 (v)

Cheesy Chips £3.50 (v)

Cheese & Bacon Fries £3.75 (v)

Side Salad £3.25 (v)

Seasonal Vegetables £3.25 (v)

Beer Battered Onion Rings £2.95 (v)

Garlic Bread £2.50 (v)

Cheesy Garlic Bread £3.25 (v)

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~ Burgers ~

In a toasted bun with salad. Served with fries & homemade coleslaw.

Lamb & Flag Burger £11.50

Beef, Chicken Breast or Spicy Vegetable

Caprese Burger £12.95

roasted tomato, mozzarella and pesto

Pig 'n' Blue £12.95

bacon and binham blue cheese.

American Burger £12.95

cheese and bacon

Add Cheese, Bacon, Egg, Blue Cheese or

Smoked Dapple £1.00

During peak periods, please allow us extra time to prepare your food. Please ask your server for allergy information

We pride ourselves on using locally sourced ingredients from a range of trusted suppliers, local farmers & small businesses. This allows us to create a personal relationship with each supplier to ensure the freshest produce.

J W Sargeant - Stowbridge
The Shed Farm Shop - Littleport
Frogs Abbey - Welney
Knicat Bakery - Downham Market
Paul's Fresh Fish - Grimsby